

Community Outreach Perinatal Educator (COPE), Training and Certification Program

Agency: Healthy Start Coalition of Flagler and Volusia Counties-

Date: October 21, 2010 – November 10, 2010

Training: Community Outreach Perinatal Educator (COPE) Level 1 (incorporating doula, childbirth education and lactation)

Certification: Certified Perinatal Educator (CPE)

Instructor: Kathy Bradley CCA, ICCE, IBCLC , Jennie Joseph LM, CPM

Final Summary

Twenty –three participant s were trained as COPE Certified Perinatal Educators by Kathy Bradley CCA, ICCE, IBCLC and Jennie Joseph LM, CPM over the course of three weeks/ 48 hours and all participants successfully passed their tests. Their knowledge base improved from an average 50 % with the lowest pre-test score being 13% and the highest 86%; to an average 87% post test score with the lowest being 73% and the highest 100%. For the final exam the average pass rate was 96%. Please see attached form for more details.

Twenty-three evaluations were completed and returned at the end of the program showing a favorable **456** points out of a possible **460** for overall satisfaction with the training. Please see attached form for more details.

Participants were exceptionally pleased with the amount of information they received and went so far as to create a ‘memento’ photo book for Kathy Bradley as a thank you for her excellent teaching skills and expertise in the field .

Recommendations

Many participants expressed a need for continuing education and a ‘refresher and update’ Level 1 training would be appropriate between six months and a year.

According to their particular area of interest, advanced students can go on to Level 2 COPE training where they can become individually certified in doula (CD),childbirth education (CBE) and lactation (CLC) through Commonsense Childbirth School of Midwifery (Florida Department of Education License number 4052).

The JJ Way®

COPE education provides *ACCESS* to perinatal education for paraprofessionals and professionals alike.; creates *CONNECTIONS* between clients, staff, agencies and community; increases *KNOWLEDGE* about the impact of improved health on disparities; and *EMPOWERS* providers to excel in their service delivery by increasing job satisfaction and encouraging leadership.



COPEThe JJ Way®

© 2010 by Commonsense Childbirth School of Midwifery, Inc